

Official Provider of
Physical Therapy &
Athletic Training



ATHLETICO

PHYSICAL THERAPY

Athletico is Here for You.

Athletico Physical Therapy is committed to keeping you safe and healthy during and after the season. Having an Athletico Athletic Trainer to help prevent and treat injuries allows athletes to stay in the game and return safely if injury occurs.

Athletico Deerfield
43 N. Waukegan Rd.
athletico.com/Deerfield
847-498-1886

Athletico Bannockburn
2211 Waukegan Rd.
athletico.com/Bannockburn
847-267-8600

Injury Prevention & Training Tips

As the Official Provider of Physical Therapy and Athletic Training for Deerfield High School, we're happy to provide the following tips to keep you playing:

- [Returning to Sports After Quarantine](#)
- [Concussions: How Can Physical Therapy Help?](#)
- [Nutrition Tips for the Teenage Athlete](#)
- [Tips to Help Student Athletes Reach Peak Performance](#)

Pain or Injury? Let Us Take the First Look.

Athletico remains open to provide physical and occupational therapy treatment options in-clinic and online during COVID-19. Delaying treatment could mean additional expenses and prolonged pain. [Click here](#) to request a free assessment in-clinic or virtually through our telehealth platform today and start feeling better tomorrow.