



DHS ATHLETIC BOOSTER CLUB - March 2021

The DHS Athletic Booster Club's Mission is to promote athletic success, spirit, sportsmanship and a commitment to excellence beyond the classroom. We strive to support programs and resources that enhance athletic programs, the student-athlete experience, and the athletic facilities at DHS. With your help and support we can honor our commitments and make a difference this school year.

JOIN the DHS Athletic Booster Club - four membership levels to choose from with options to directly support your favorite team! <https://www.d113boosters.org/store/c3/Membership.html>

WARRIOR WEAR STORE IS OPEN 24/7! Visit <https://www.d113boosters.org/store/c2/Apparel.html> Show your school spirit on the field, in the stands, and around town with amazing spirit wear. Lots of great items for sale - sweatshirts, sweatpants, t-shirts, fuzzy pj pants, winter hats, gift cards, and more. Credit cards accepted, pickup in Deerfield or items can be shipped for \$25. **New Football Warrior Wear is here!** Just released new Deerfield Football items. Sweatshirts, t-shirts, and a winter hat are available for a limited time, check out our flyer on Booster Website. Orders are due by Friday, March 5th. All proceeds from this limited time offer supports the DHS Football team and DHS Athletics. If interested in custom Warrior Wear for your Athletic Team, reach out to Laura Ward @ Lauramward@me.com

Order a **YARD SIGN** and display ALL YEAR to show your DHS spirit! **ONLY \$25.00 EACH** (deadline 3/19) https://www.d113boosters.org/store/p10/Yard_Signs.html

IN CASE YOU MISSED IT, check out the incredible WARRIOR ATHLETICS WEBINARS our student-athletes have been watching! We even had an Olympic (2008 & 2012) DHS Alumn in Christina Loukas speak to our student-athletes. We have amazing coaches and their insights are so important for high school student-athletes; but parents and younger athletes can benefit too! Visit <https://www.dist113.org/domain/85> for links to all the webinar recordings. **THANK YOU** to our DHS Coaches and Athletic Directors (Nate Flannery, Gayle Luehr, and Molly Tomlinson) for their creativity and non-stop commitment to the well-being and resilience of our student-athletes.

VENDOR SPOTLIGHT:

New each month we will try and share information about our community advertisers/partners. This month it is **NorthShore University HealthSystem**. A new Sports Cardiology program catering to high school and college athletes returning to activity after COVID-19 is now available through NorthShore's Cardiovascular Institute (CVI). Student-athletes and their parents are expressing growing concerns about myocarditis, an inflammation of the heart muscle that in very rare cases can occur after a viral infection, including the coronavirus, following the collapse of a University of Florida basketball player. Cardiologist Jason Robin, MD, who also serves as a consultant for the Illinois High School Association Sports Medicine Advisory Committee, has reassured parents that the risk of myocarditis for athletes who were asymptomatic or experienced only mild symptoms is very low. The new Sports Cardiology program is a great resource for students looking to see a cardiologist for clearance to return to sports and/or those who have moderate symptoms including persistent fevers, significant muscle aches or any cardio pulmonary symptoms and are advised to have a cardiac evaluation before beginning to exercise again. In addition to Dr. Robin, cardiologists Ronald Berger, MD, John Erwin, MD, Eli Lavie, MD, Brian Shortal, MD, and Michael Waligora, MD, will see patients at CVI Bannockburn, Evanston, Glenbrook, and Gurnee locations. The CVI team continues to remind the community that telehealth visits are now available and that all cardiology services have been modified to ensure patient safety as it critically important not to delay cardiovascular care during the ongoing pandemic. *To make an appointment at the Sports Cardiology program, please call 847-657-1819 and press #1.*

Remember to visit **Waterway Carwash** location for a safe and **FREE Express Clean Carwash** every Saturday and Sunday through March with a valid DHS School ID. The process is contact free and you can stay in your car through the entire visit! Also, visit the Waterway website at waterway.com to learn about the PERK program for students and teachers, as well as employment opportunities (great for students and those with flexible schedules)! Visit the 3 Chicagoland locations in Highland Park, Northbrook, and Vernon Hills.

GO WARRIORS!