



DHS ATHLETIC BOOSTER CLUB - February 2023

Fun Facts & Why We Love DHS Athletics! Wow!

32 Sports Programs - which means **85-95** different teams taking into consideration all levels; freshman, frosh/soph, sophomore, jv and varsity!

775 Unique Student-Athletes

135-150 Coaches and Volunteers

140 All-Conference Student-Athletes in 2021-2022

232 Scholar Student-Athletes in 2021-2022

Winter sports teams are heading into the final weeks of their regular season and then keep a look out for post season action.

Visit the DHS Athletics website for event dates and times. We'd love to see you at DHS! <https://www.dist113.org/Page/45>

Good luck to Warrior Dance Team (WDT) at the IHSA 2A STATE Competition this Friday (1/27) - Saturday (1/28) in Bloomington/Normal! And Congratulations to our WDT JV team on their 1st Place finish at GBS this past weekend!

DHS will be hosting the IHSA Wrestling Sectional (2/10 - 2/11). Also DHS will be hosting the IHSA Girls Basketball Sectionals and IHSA Boys Basketball Regionals; both the week of 2/20. Mark your calendars and come out to the Warrior Gym and support your team and student-athletes!

Spring sports will be here before you know it! If you haven't had a chance to join the booster club yet, please take a few minutes to check out membership options on our website and see if there is a good fit for you and your family. **Membership** is the largest and most important revenue stream for the booster club. Every membership benefits DHS Athletics and our Student-Athletes.

<http://www.d113boosters.org/membership.html>

THANK YOU FOR YOUR SUPPORT!

There are a bunch of **FUN & NEW Warrior Wear** items now available! Great long sleeve t-shirts, winter hats, flannels and sweatpants. Plus, we still have all the favorites you love - booney hats, sherpa blankets, and lots of hoodies!

View items and place orders @ [Apparel \(d113boosters.org\)](http://Apparel(d113boosters.org))

It is no fluke that there are so many people who believe in DHS Athletics and the mission of the DHS Athletic Booster Club. We take pride in our organization's accomplishments but continue to look towards the future. Volunteering is a fantastic way to support your student-athlete. If you are a parent of a current DHS student or will have an incoming Freshman in the fall, the time is right for you to volunteer. Check out a meeting, contact a member of our Executive Board, or go to www.d113boosters.org for more information.

Upcoming Booster Club Meeting: Tuesday, February 7th @ 7:00pm in Room A100.

COMMUNITY SPONSOR/PARTNER SPOTLIGHT - THANK YOU ATHLETICO! Physical Therapy (PT) is a great treatment option for people with all sorts of ailments. Four signs you could benefit from physical therapy are pain, reduced mobility, reduced strength, and reduced functional level. [Click here](#) to learn more about how you could benefit from physical therapy treatment. Physical therapy is usually the thing you are told to do after medication, x-rays or even surgery. But what if the best way to fix your aches and pains is to start with physical therapy? If you experience any aches or pains, [click here](#) to request a free assessment from our partner, **Athletico Physical Therapy**. Free assessments are available in-clinic or virtually through their Telehealth platform.

GO WARRIORS!

